Is a message coming from ego or intuition?

What was the message?

* Is it associated with being patient (1) or in a rush (0)?
* Was the message associated with fear (0) or not (1)?
* Was the message associated with pride or shame (0) or not (1)?
* Is the message associated with a positive emotion (1) or a negative emotion (0)?

Add up all of the points. The higher the score, the more likely the source is spirit.

Total score (out of 4):